

PANHELLENIC RECRUITMENT

#### WHAT IS PANHELLENIC?

PANHELLENIC IN THE GREEK LANGUAGE MEANS "ALL GREEK." THE PANHELLENIC COUNCIL AT BINGHAMTON UNIVERSITY SERVES TO REPRESENT ALL EIGHT OF OUR NATIONAL PANHELLENIC CONFERENCE SORORITIES, ACTING AS THEIR GOVERNING BODY. THE NATIONAL PANHELLENIC CONFERENCE PROVIDES SUPPORT AND GUIDANCE FOR ITS SORORITIES AND SERVES AS THE NATIONAL VOICE ON CONTEMPORARY CONCERNS FOR SORORITY LIFE. FOUNDED IN 1902, THE NPC IS ONE OF THE OLDEST AND LARGEST WOMEN'S MEMBERSHIP ORGANIZATIONS, REPRESENTING OVER 1 MILLION WOMEN AT 655 UNIVERSITY CAMPUSES AND 4,500 LOCAL ALUMNAE CHAPTERS IN THE UNITED STATES AND CANADA. EACH YEAR, THE NPC AFFILIATED COLLEGIATE AND ALUMNAE MEMBERS DONATE MORE THAN \$5 MILLION TO WORTHY CAUSES, PROVIDES \$2.8 MILLION IN SCHOLARSHIPS TO WOMEN AND VOLUNTEER 500,000 HOURS IN THEIR COMMUNITIES.

AT BINGHAMTON UNIVERSITY, THE PANHELLENIC COUNCIL IS MADE UP OF A GROUP OF DELEGATES, WITH ONE REPRESENTING EACH CHAPTER, AND NINE EXECUTIVE BOARD MEMBERS. WE STRIVE TO PROVIDE ALL-GREEK SOCIAL, PHILANTHROPIC, AND SCHOLASTIC PROGRAMMING THROUGHOUT THE BINGHAMTON GREEK COMMUNITY. WE ARE A WONDERFUL RESOURCE TO OUR CHAPTERS, STRIVING TO MAKE OUR GREEK COMMUNITY THE ABSOLUTE BEST IT CAN BE!

WITH LOVE,
PANHEL EXECUTIVE BOARD

### What is informal recruitment?

INFORMAL RECRUITMENT IS A MORE CASUAL, FLEXIBLE WAY TO JOIN A PANHELLENIC SORORITY OUTSIDE OF THE STRUCTURED PRIMARY RECRUITMENT PROCESS IN THE SPRING. WHILE FORMAL RECRUITMENT HAPPENS ONCE A YEAR WITH MULTIPLE ROUNDS, SPECIFIC SCHEDULES, AND INVITATIONS, INFORMAL RECRUITMENT TAKES PLACE AT DIFFERENT TIMES, PRIMARILY IN THE FALL AT BINGHAMTON. DURING INFORMAL RECRUITMENT, EVENTS ARE HOSTED BY INDIVIDUAL CHAPTERS RATHER THAN BEING COORDINATED BY PANHELLENIC. THESE EVENTS MAY INCLUDE ACTIVITIES LIKE COFFEE DATES, GAME NIGHTS, OR SERVICE PROJECTS. DUE TO THIS PROCESS BEING LESS FORMAL, POTENTIAL NEW MEMBERS OFTEN GET TO SPEND MORE ONE-ON-ONE TIME WITH ACTIVE MEMBERS, MAKING IT EASIER TO GET A FEEL FOR THE CHAPTER'S PERSONALITY AND VALUES.

FOR POTENTIAL NEW MEMBERS, INFORMAL RECRUITMENT CAN BE A GREAT OPPORTUNITY TO JOIN A CHAPTER IN A LOW-PRESSURE ENVIRONMENT WHILE STILL FINDING A SISTERHOOD THAT FEELS LIKE THE RIGHT FIT.

### What is COB?

CONTINUOUS OPEN BIDDING (COB) IS AN OPPORTUNITY FOR CHAPTERS THAT DO NOT REACH QUOTA DURING PRIMARY RECRUITMENT TO BID TO QUOTA. THE COB PROCESS IS NOT STRUCTURED BY THE COLLEGE PANHELLENIC, AND ONLY CHAPTERS WITH AVAILABLE SPACES ARE ELIGIBLE TO PARTICIPATE IN COB, THIS FALL ALL OF OUR CHAPTERS HAVE SPACE TO PARTICIPATE!

BECAUSE COB IS NOT A FORMAL, ROUND-BASED PROCESS, IT CAN LOOK VERY DIFFERENT FROM CHAPTER TO CHAPTER. SOME MAY HOST SMALL GROUP EVENTS, WHILE OTHERS MAY INVITE POTENTIAL NEW MEMBERS TO MEET INDIVIDUALLY WITH SISTERS. COB IS DESIGNED TO BE PERSONAL, FLEXIBLE, AND FOCUSED ON HELPING BOTH THE CHAPTER AND THE POTENTIAL NEW MEMBER FIND THE RIGHT MATCH.

### GREEK SPEAK

INFORMAL RECRUITMENT

POTENTIAL NEW MEMBER

**NEW MEMBER CLASS** 

**NEW MEMBER PERIOD** 

CHAPTER

**ACTIVE MEMBER** 

FORMAL RECRUITMENT

QUOTA

MRABA

CHAPTERS RECRUIT POTENTIAL NEW MEMBERS IN A LESS FORMAL MANNER, NOT RUN BY THE PANHELLENIC COUNCIL. THIS OCCURS IN THE FALL SEMESTER FOR ELIGIBLE SOPHOMORES, JUNIORS, AND SENIORS.

A PERSON INTERESTED IN BECOMING A MEMBER OF A SORORITY

A GROUP OF WOMEN WHO RECEIVE A BID TO THE SAME SORORITY DURING THE SAME RECRUITMENT SEASON

THE TIME BETWEEN RECEIVING A BID
AND BEING INITIATED

THE GROUP OF WOMEN IN AN ORGANIZATION AT BINGHAMTON UNIVERSITY THAT REPRESENTS A SEGMENT OF A NATIONAL ORGANIZATION

A FULLY INITIATED MEMBER OF A SORORITY WITH FULL CHAPTER PRIVILEGES AND RESPONSABILITIES

A PERIOD DURING THE SPRING SEMESTER WHEN SORORITY MEMBERS MEET POTENTIAL NEW MEMBERS AND ACQUIRE NEW MEMBERS THROUGH THE MUTUAL SELECTION PROCESS

THE NUMBER OF BIDS A SORORITY CAN GIVE OUT

A ONE-YEAR BINDING AGREEMENT SIGNED BY A PNM WHEN ACCEPTING A BID THROUGH COB OR INFORMAL RECRUITMENT, STATING SHE AGREES TO JOIN THAT CHAPTER OR WILL FORFEIT THE OPPORTUNITY TO JOIN ANY OTHER PANHELLENIC SORORITY AT THAT CAMPUS FOR ONE CALENDAR YEAR.

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### ALPHA EPSILON PHI



#### SISTERHOOD

AEPHI HOSTS A VARIETY OF SISTERHOOD EVENTS THAT BRING MEMBERS TOGETHER OUTSIDE OF REGULAR MEETINGS. RECENT FAVORITES INCLUDE HOT PILATES SESSIONS AT LITTLE MARTHA'S YOGA STUDIO. THE CHAPTER ALSO ENJOYS RELAXED MOVIE NIGHTS IN THEIR SHARED PARKING LOT, COMPLETE WITH SNACKS, BLANKETS, AND SMALL ACTIVITIES TO MAKE THE EVENING EVEN MORE MEMORABLE.

#### **PHILANTHROPY**

ALPHA EPSILON PHI SUPPORTS TWO NATIONAL PHILANTHROPIES: THE ELIZABETH GLASER PEDIATRIC AIDS FOUNDATION, WHICH FUNDS RESEARCH AND PREVENTION PROGRAMS FOR CHILDREN AFFECTED BY HIV/AIDS, AND SHARSHERET, A NONPROFIT ORGANIZATION THAT SUPPORTS JEWISH WOMEN AND FAMILIES FACING BREAST AND OVARIAN CANCER. TO RAISE FUNDS AND AWARENESS, THE CHAPTER HOSTS ANNUAL EVENTS SUCH AS GREEK GOD, A TALENT AND PERFORMANCE COMPETITION BENEFITING BOTH NATIONAL PHILANTHROPIES, AND PHI HOOPS, A BASKETBALL TOURNAMENT THAT SUPPORTS A DIFFERENT CAUSE EACH YEAR CHOSEN TO HONOR OR ASSIST SPECIFIC SISTERS IN THE CHAPTER. OTHER SIGNATURE EVENTS INCLUDE PINK DAY CAKE RACE, WHICH RAISES MONEY FOR SHARSHERET: A CAR WASH SUPPORTING BOTH NATIONAL PHILANTHROPIES; AND A PICKLEBALL TOURNAMENT, WHICH LAST YEAR RAISED FUNDS FOR THE FAMILY OF OMER NEUTRA.



MOTTO:
MULTA CORDA UNA CAUSA
WHICH MEANS MANY HEARTS
ONE PURPOSE

DUES:
DUES ARE \$560

MASCOT:
GIRAFFE

COLORS:
GREEN AND WHITE WHICH
REPRESENT GROWTH AND
FELLOWSHIP

# DELTA PHI EPSILON



#### SISTERHOOD

SISTERHOOD IN DELTA PHI EPSILON IS ALL ABOUT SHARED EXPERIENCES AND MAKING MEMORIES TOGETHER. THE CHAPTER HAS ORGANIZED EVENTS LIKE YOGA AT LITTLE MARTHA'S, TRIPS TO A TRAMPOLINE PARK, AND SEASONAL ADVENTURES SUCH AS APPLE PICKING AT BEAK 'N' SKIFF.

#### **PHILANTHROPY**

DPHIE SUPPORTS FOUR IMPACTFUL PHILANTHROPIES. THE DELTA PHI **EPSILON SCHOLARSHIP FOUNDATION** PROVIDES LOANS AND GRANTS TO ASSIST MEMBERS AND THEIR CHILDREN IN COMPLETING THEIR EDUCATION OR PURSUING GRADUATE STUDIES, WITH **FUNDS RAISED THROUGH EVENTS LIKE** CANDY GRAMS. SINCE 1958, THE SORORITY HAS PARTNERED WITH THE CYSTIC FIBROSIS FOUNDATION, WHICH HONORED DPHIE'S DEDICATION BY NAMING A RESEARCH FELLOWSHIP IN ITS HONOR; THE CHAPTER'S SIGNATURE **FUNDRAISER FOR THIS CAUSE IS THE** ANNUAL DODGEBALL TOURNAMENT. SINCE 1985, DPHIE HAS ALSO SUPPORTED THE NATIONAL ASSOCIATION OF ANOREXIA NERVOSA AND ASSOCIATED DISORDERS (ANAD), **BECOMING THE FIRST NATIONAL** SORORITY TO PLEDGE ONGOING SUPPORT FOR EATING DISORDER AWARENESS AND PREVENTION THROUGH **EVENTS SUCH AS ANAD TABLING WEEK** AND THE LIP SYNC BATTLE. MOST RECENTLY, IN 2021, THE CHAPTER BEGAN SUPPORTING THE SARCOMA FOUNDATION OF AMERICA, FUNDING RESEARCH AND RAISING AWARENESS FOR THE DISEASE THROUGH THE KELLI MEMORIAL EACH FEBRUARY AND THE SING FOR SARCOMA EVENT.



MOTTO:
TO BE RATHER THAN TO
SEEM TO BE

DUES: DUES ARE \$280

MASCOT: UNICORN

COLORS:
ROYAL PURPLE AND PURE
GOLD

### KAPPA KAPPA GAMMA



#### SISTERHOOD

KAPPA KAPPA GAMMA HOSTS A VARIETY OF SISTERHOOD EVENTS THAT BRING MEMBERS TOGETHER THROUGHOUT THE YEAR. THEY'VE ENJOYED CITY AND BEACH DAYS DURING SCHOOL BREAKS, "BUILD-A-BUDDY" SESSIONS TO MAKE TEDDY BEARS, JEWELRY-MAKING NIGHTS, AND TRIPS TO SYRACUSE'S DESTINY MALL FOR SHOPPING AND DINING.

#### **PHILANTHROPY**

NATIONALLY KKG, PARTNERS WITH THE KAPPA KAPPA GAMMA FOUNDATION, WHICH FUNDS SCHOLARSHIPS, EDUCATIONAL PROGRAMMING, AND LEADERSHIP OPPORTUNITIES FOR MEMBERS. THE CHAPTER IS ALSO DEDICATED TO MENTAL HEALTH AWARENESS. CHOOSING ONE OF SIX ORGANIZATIONS TO SUPPORT EACH SEMESTER—IN RECENT YEARS, THEY HAVE ALTERNATED BETWEEN THE NATIONAL ALLIANCE ON MENTAL **ILLNESS (NAMI) AND THE NATIONAL** EATING DISORDERS ASSOCIATION (NEDA). LOCALLY, THEY FOCUS ON THE LEUKEMIA AND LYMPHOMA SOCIETY, RAISING FUNDS TO SUPPORT RESEARCH AND PATIENT CARE. **EVERY FALL, KAPPA HOSTS KAPPA** FEST, A FUN, COMMUNITY-WIDE FUNDRAISER. IN THE SPRING, THEY SWITCH UP THEIR EVENTS TO KEEP THINGS EXCITING—PAST FAVORITES INCLUDE ARE YOU SMARTER THAN A FRAT GUY, A TRIVIA COMPETITION WITH GREEK LIFE TEAMS, AND KAPPA'S GOT GAMES, A GAME SHOW-STYLE EVENT THAT GETS EVERYONE LAUGHING WHILE RAISING MONEY FOR THEIR CAUSES.



MOTTO:
DREAM BOLDLY. LIVE
FULLY

DUES:
DUES ARE \$380

MASCOT: OWL

COLORS:
SKY BLUE AND SEA
BLUE

### PHI MU



#### SISTERHOOD

PHI MU HOSTS A VARIETY OF SISTERHOOD EVENTS THAT HELP MEMBERS CONNECT AND HAVE FUN OUTSIDE OF CHAPTER MEETINGS. PAST EVENTS HAVE INCLUDED YOGA SESSIONS, ROLLER SKATING, AND A SISTERHOOD RETREAT FEATURING ALL-YOU-CAN-EAT SUSHI AND HIBACHI.

#### PHILANTHROPY

PHI MU SUPPORTS TWO INCREDIBLE PHILANTHROPY ORGANIZATIONS. THEIR PRIMARY PARTNER IS THE CHILDREN'S MIRACLE NETWORK HOSPITALS, WHICH RAISES FUNDS FOR 170 HOSPITALS ACROSS THE UNITED STATES. AT BINGHAMTON. THEY FOCUS ON UPSTATE GOLISANO CHILDREN'S HOSPITAL IN SYRACUSE. **NEW YORK, RAISING MONEY** THROUGH EVENTS LIKE HOT ONES. KRISPY KREME SALES, AND OTHER **CREATIVE FUNDRAISERS. THEIR** SECOND PHILANTHROPIC FOCUS IS THE PHI MU FOUNDATION, DEDICATED TO EMPOWERING AND SUPPORTING THE PERSONAL AND PROFESSIONAL DEVELOPMENT OF WOMEN. TO CONTRIBUTE TO THIS CAUSE, THEY HOST EVENTS SUCH AS CAR WASHES. VALENTINE'S DAY GRAMS, AND OTHER CHAPTER-LED FUNDRAISERS. ADDITIONAL SIGNATURE EVENTS INCLUDE BONAMU, VOLLEYBALL TOURNAMENTS, AND MORE, GIVING SISTERS THE OPPORTUNITY TO HAVE **FUN WHILE MAKING A MEANINGFUL** IMPACT IN THEIR COMMUNITY.



MOTTO: LES SOEURS FIDELES THE FAITHFUL SISTERS

DUES:
DUES ARE \$563

MASCOT: SIR FIDEL, THE LION

COLORS:
ROSE (PINK) AND WHITE

# PHI SIGMASIGMA



#### SISTERHOOD

PHI SIGMA SIGMA OFFERS A MIX OF FUN AND CREATIVE SISTERHOOD ACTIVITIES THROUGHOUT THE YEAR. SISTERS HAVE ENJOYED YOGA AT LITTLE MARTHA'S STUDIO, SPENT A DAY AT THE BLAKE, GONE APPLE PICKING, MADE SLIME TOGETHER, AND BOUNCED AROUND AT SKYZONE.

#### PHILANTHROPY

PHI SIGMA SIGMA SUPPORTS THE PHI SIGMA SIGMA FOUNDATION IN COLLABORATION WITH THE KIDS IN **NEED FOUNDATION, FOCUSING ON SCHOOL AND COLLEGE READINESS IN** PARTNERSHIP WITH BINGHAMTON CITY SCHOOLS. ONE OF THEIR SIGNATURE EVENTS IS FALL FEST, A CARNIVAL-INSPIRED EVENT OPEN TO **BOTH THE GREEK LIFE COMMUNITY** AND THE BROADER BINGHAMTON COMMUNITY. IN PAST YEARS, IT HAS BEEN HOSTED ON THE PEACE QUAD AND FEATURES FUN ACTIVITIES LIKE PUMPKIN DECORATING, AN APPLE CIDER AND APPLE CIDER DONUT STAND, AND MORE. ANOTHER HIGHLIGHT IS KICKS FOR KIDS, AN INDOOR KICKBALL TOURNAMENT WHERE FRATERNITIES AND SORORITIES PAIR UP TO COMPETE. THE EVENT ALSO INCLUDES CONCESSIONS. LAWN GAMES. AND A STATION FOR WRITING CARDS TO STUDENTS AT THEODORE ROOSEVELT **ELEMENTARY SCHOOL. BOTH EVENTS** ARE DESIGNED TO BRING THE GREEK **COMMUNITY TOGETHER WHILE** SUPPORTING AN IMPORTANT CAUSE AND MAKING A POSITIVE IMPACT ON LOCAL STUDENTS.



MOTTO:
"DIOKETE HUPSALA"
WHICH MEANS AIM HIGH

DUES:
DUES ARE \$599

MASCOT: SPHINX

COLORS: KING BLUE AND GOLD

# SIGMA DELTATAU



#### SISTERHOOD

SISTERS ENJOY SPENDING TIME TOGETHER THROUGH A VARIETY OF EVENTS THAT STRENGTHEN THEIR BONDS AND CREATE LASTING MEMORIES. SOME OF THEIR FAVORITE SISTERHOOD ACTIVITIES INCLUDE JEWELRY MAKING AND PILATES CLASSES, WHICH OFFER THE PERFECT BALANCE OF CREATIVITY, FUN, AND RELAXATION.

#### PHILANTHROPY

SIGMA DELTA TAU SUPPORTS THREE NATIONAL PHILANTHROPIES. THE FIRST BEING JEWISH WOMEN INTERNATIONAL (JWI) WHICH EMPOWER'S WOMEN AND GIRLS WHILE WORKING TO END GENDER-BASED VIOLENCE. THE SECOND PHILANTHROPY THEY SUPPORT IS PREVENT CHILD ABUSE AMERICA (PCAA) WHICH PROMOTES CHILD WELL-BEING AND PREVENTS ABUSE BEFORE IT OCCURS. FINALLY THEY SUPPORT THE SDT FOUNDATION WHICH SUPPORTS SIGMA DELTA TAU MEMBERS THROUGH SCHOLARSHIPS, LEADERSHIP PROGRAMS, AND PHILANTHROPY.



MOTTO:
ONE HOPE OF MANY PEOPLE

DUES:
DUES ARE \$560 (DECREASE SEMESTERLY)

MASCOT: TEDDY BEAR

COLORS: CAFE AU LAIT AND OLD BLUE

### TETALIAL ALPHA



#### SISTERHOOD

ONE OF ZETA TAU ALPHA'S FAVORITE SISTERHOOD EVENTS IS THEIR SISTERHOOD RETREAT, WHERE THEY SPEND THE DAY MAKING JEWELRY, WRITING HEARTFELT NOTES TO ONE ANOTHER, AND TAKING PICTURES AT A DEDICATED PHOTO STATION. THE RETREAT ALSO INCLUDED CATERED MEALS FROM CHIPOTLE AND GOODIES SPONSORED BY THAYERS FOR SISTERS TO TAKE HOME. ANOTHER HIGHLIGHT WAS TAKING THE NEW MEMBER CLASS TO SKY ZONE TO CELEBRATE THEIR INDUCTION INTO THE CHAPTER, COMPLETE WITH FOOD AND DRINKS.

#### PHILANTHROPY

ZETA TAU ALPHA'S PHILANTHROPY IS **BREAST CANCER EDUCATION AND** AWARENESS, A CAUSE THAT HOLDS DEEP MEANING FOR THEIR SISTERS. SIGNATURE EVENTS INCLUDE DANCING WITH THE ZETAS, A FUN DANCE COMPETITION PAIRED WITH FRATERNITIES AND JUDGED BY EACH SORORITY'S PHILANTHROPY CHAIR. AND BLIND DATE WITH A BOOK, WHERE **BOOKS ARE WRAPPED WITH HINTS ON** THE COVERS SO PARTICIPANTS CAN "MEET" THEIR NEXT READ. THE CHAPTER ALSO SELLS CARNATIONS. THE NATIONAL FLOWER FOR BREAST CANCER AWARENESS, TO RAISE FUNDS AND SPREAD THE MESSAGE. EACH OCTOBER, DURING BREAST CANCER **EDUCATION MONTH, ZETA TAU ALPHA** HOSTS THINK PINK WEEK, A SERIES OF **EVENTS DESIGNED TO RAISE** AWARENESS AND FUNDS. CULMINATING IN MAKING STRIDES. FOR MAKING STRIDES, THE CHAPTER JOINS THE BINGHAMTON COMMUNITY TO MEET SURVIVORS, FIGHTERS, AND THEIR FAMILIES, HEAR THEIR STORIES, AND REFLECT ON THE IMPACT OF THEIR PHILANTHROPY—REMINDING SISTERS WHY THIS CAUSE IS SO IMPORTANT.



MOTTO: SEEK THE NOBLEST

DUES: NEW MEMBER DUES ARE \$536

SYMBOLS/MASCOT: CROWN (FIVE POINTS), WHITE VIOLET, STRAWBERRY, THEMIS (ZTA'S PATRON GODDESS)

COLORS: TURQUOISE BLUE AND STEEL GRAY

## FAQ (FREQUENTLY ASKED QUESTIONS)

WHO IS ELIGIBLE FOR INFORMAL RECRUITMENT?

ANY TRANSFER OR UPPERCLASSMAN WITH 12 CREDITS AND A MINIMUM 2.5 GPA WHO HAS NOT SIGNED THE MRABA IN THE PAST YEAR IS ELIGIBLE FOR INFORMAL RECRUITMENT!

# HOW DO I FIND OUT ABOUT EVENTS?

MAKE SURE TO FOLLOW PANHEL ON INSTAGRAM (@BINGHAMTONPANHEL) AS WELL AS ALL THE CHAPTERS TO STAY UP TO DATE ON ANY EVENTS AND INFORMATION

I'VE HEARD THAT SORORITIES HAVE DIFFERENT REPUTATIONS. HOW DO I HANDLE THIS?

THE ONLY OPINION THAT MATTERS IN THIS PROCESS IS YOUR OWN! EACH CHAPTER VARIES FROM CAMPUS TO CAMPUS AND FROM YEAR TO YEAR. FOR ANY QUESTIONS YOU MAY HAVE REGARDING RUMORS OR DEROGATORY COMMENTS, ASK A MEMBER OF PANHELLENIC EXEC! THEY ARE UNBIASED EXACTLY FOR THIS REASON!

WHAT IF I RECEIVE MULTIPLE BIDS?

IF YOU RECEIVE MULTIPLE **BIDS DURING INFORMAL** RECRUITMENT OR COB. YOU MAY ONLY ACCEPT ONE CHAPTER. TO ACCEPT A BID, YOU MUST SIGN THE MRABA. WHICH FORMALLY **COMMITS YOU TO THAT** CHAPTER FOR ONE RECRUITMENT CYCLE. IF YOU CHOOSE NOT TO ACCEPT ANY OF THE BIDS OFFERED. YOU ARE NOT REQUIRED TO SIGN THE MRABA AND WILL REMAIN **ELIGIBLE TO PARTICIPATE** IN FUTURE RECRUITMENT PERIODS.